

| South Island  Powerlifting  Championships | | |
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| **Awarded to:** %NAME% | **Category:** %GENDER% | **Equipment:** %EQUIP% |
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| **Placing:** %PLACE% | **Age group:** %DIV% | **Weight Class:** %CLASS% |

| **Squat:** %SQUAT% KG | **Bench:** %BENCH% KG | **Deadlift:** %DEADLIFT% KG | **Total:** %TOTAL% KG |
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| **Congratulations from:** |  |
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| ***Jana Hayes, President , Canterbury Powerlifting Association*** | |
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